We Claim:

1. A heat transfer probe comprising:

an inner tube having an opening;

an outer tube surrounding the inner tube and configured to receive working fluid from the inner tube through the opening;

a tip adjacent the opening and which terminates the inner and outer tubes; and a first temperature sensor coupled to the tip.

- 2. The probe of claim 1, the first temperature sensor being connected to the tip.
- 3. The probe of claim 1, the inner and outer tubes defining concentric channels.
- 4. The probe of claim 1, further comprising a second temperature sensor spaced apart from the first temperature sensor.
- 5. The probe of claim 5, further comprising an isolation member coupling the second temperature sensor to the outer tube.
- 6. The probe of claim 4, further comprising a third temperature sensor coupled to an outlet of the outer tube.
- 7. The probe of claim 1:

the inner tube comprising a first material;

the outer tube comprising a second material; and

the tip comprising a third material having a thermal conductivity different from that of the first or second material.

8. The probe of claim 7, the first and second materials being the same.

- 9. The probe of claim 1, further comprising a probe holder coupled to the outer tube.
- 10. The probe of claim 1, the temperature sensor comprising a thermocouple.

11. A heat transfer probe, comprising:

- an inner channel configured to transport working fluid from an inner inlet to an inner outlet;
- a tip configured to receive at least a portion of the working fluid from the inner outlet;
- a concentric outer channel configured to transport the working fluid from the inner outlet to an outer outlet;
- a first temperature sensor coupled to the tip; and
- a second temperature sensor spaced apart from the first temperature sensor.

12. A heat transfer probe, comprising:

- an inner tube having an opening and comprising a first material;
- an outer tube surrounding the inner tube, comprising a second material, and configured for fluid communication with the inner tube through the opening, the inner and outer tubes defining concentric channels;
- a tip adjacent the opening, comprising a third material having a thermal conductivity different from that of the first or second material, and terminating the inner and outer tubes;
- a first temperature sensor coupled to the tip;
- a second temperature sensor spaced apart from the tip and the first temperature sensor; and
- an isolation member coupling the second temperature sensor to the outer tube.
- 13. The probe of claim 12, further comprising a third temperature sensor coupled to an outlet of the outer tube.

- 14. The probe of claim 12, the first and second materials being the same.
- 15. A system for effecting heat transfer in tissue, comprising:
 - a heat transfer probe comprising:
 - an inner tube having an opening;
 - an outer tube surrounding the inner tube and configured to receive working fluid from the inner tube through the opening;
 - a tip adjacent the opening that terminates the inner and outer tubes; and a temperature sensor coupled to the tip;
 - a source for delivering working fluid to the inner tube and to receive working fluid from the outer tube;
 - a pump coupled to the source; and
 - a controller to control the flow of working fluid to effect heating or cooling of tissue adjacent the probe.
- 16. The system of claim 15, the controller receiving feedback from the temperature sensor to adaptively control the flow of working fluid based on a sensed temperature.
- 17. A system for cooling and monitoring tissue, comprising:
 - a probe adapted to be inserted into tissue, the probe comprising first and second concentric channels, the first and second concentric channels each having an inlet and an outlet;
 - a source of working fluid in fluid communication with the first and second concentric channels;
 - a pump operatively associated with the source and probe;
 - a first temperature sensor mounted to the probe and adapted to monitor the temperature of the tissue engaging the probe; and
 - a second temperature sensor mounted radially from the probe and adapted to monitor the temperature of the tissue engaging second temperature sensor.

- 18. The system of claim 17, further comprising a drainage conduit.
- 19. The system of claim 17, further comprising a controller to control the flow of working fluid to effect a temperature change of the material.
- 20. The system of claim 19, the controller receiving feedback from the first or second temperature sensor to adaptively control the flow of working fluid based on a sensed temperature.

21. A method comprising:

transporting working fluid from a source through an inner channel of a probe to change a temperature of tissue adjacent the probe;

transporting the working fluid through a concentric outer channel of the probe back to the source;

sensing a first temperature of the tissue at a first location using a first temperature sensor coupled to the probe;

sensing a second temperature of the tissue at a second location using a second temperature sensor spaced apart from the first temperature sensor.

22. The method of claim 21, further comprising:

comparing the first and second temperatures; and calculating a thermal transport property of the tissue based on the comparison.

- 23. The method of claim 22, further comprising determining a health of the tissue based on the thermal transport property.
- 24. The method of claim 23, determining the health comprising determining whether the tissue is alive or dead.

25. The method of claim 21, further comprising:

comparing the first and second temperatures; and adjusting a flow rate of the working fluid based on the comparison.

26. A method of heat transfer and monitoring of tissue, comprising:

inserting a probe into the tissue, the probe having concentric passageways and a temperature sensor;

inserting a second temperature sensor into the tissue at a predetermined distance from the probe;

directing working fluid through the probe; and

comparing the temperature sensed by the first temperature sensor to the temperature sensed by the second temperature sensor.

- 27. The method of claim 26, further comprising determining the health of the tissue based on the comparison.
- 28. The method of claim 26, determining the health comprising determining whether the tissue is alive or dead.
- 29. Computer readable media comprising instructions for:

obtaining a first temperature of tissue sensed by a first temperature sensor coupled to a heat transfer probe;

obtaining a second temperature of the tissue sensed by a second temperature sensor spaced apart from the first temperature sensor;

comparing the first and second temperatures; and calculating a thermal transport property of the tissue.

30. The media of claim 29, further comprising instructions for indicating a health of the tissue based on the thermal transport property.

- 31. The media of claim 30, the instructions for indicating the health comprising instructions for indicating whether the tissue is alive or dead.
- 32. The media of claim 29, further comprising instructions for providing a signal to a controller used for varying a flow rate of working fluid.